WCI Chatter

Sunday, March 15, 2026

ANNOUNCEMENTS

Gratitude Breakfast

Literature Donations Needed!

Sunday, April 12 • 8:30–11:30
Elks Lodge
289 Willowdale Dr., Frederick

Home Groups! We need a variety of AA conference-approved literature! Please donate a book of your choice to be raffled off during the Gratitude Breakfast. Invite members of your home group to sign it!

Everyone will receive a raffle ticket upon admission. At the end of the event, we will draw the tickets to randomly distribute the literature.

Give your book to your Intergroup rep., or contact:

Outreach: Carly H. outreach@westcentralaa.org
Activities: Gabbie D. activities@westcentralaa.org
Workshops: Anny T. workshops@westcentralaa.org

Or drop them by the monthly Intergroup meeting on the 3rd Thursday of each month at 7 PM, Trinity United Methodist Church.

West Central Intergroup

Wanted – WCI March Newsletter Submissions

Deadline March 22

Recovery is a Team Effort

We're looking for articles, stories, or photos on HOW:

· how sponsors support recovery

· how fellowship keeps people connected

· how outside help can strengthen sobriety

· service as part of a recovery community

· and of course - your higher power as part of the team

Submissions can be sent to:

newsletter@westcentralaa.org or mkeilty85@gmail.com.

Looking for a fulfilling service commitment?

The Frederick County Adult Detention Center is looking for women volunteers to bring AA meetings into the jail.

Commitment: One Monday a month from 5:30–6:30 p.m. You will not be required to go in alone—each volunteer is accompanied by another experienced volunteer.

This is a meaningful opportunity to carry the message of recovery to women who need it most. For an application or more information, please contact:

Korey S. at
corrections.treatment@westcentralaa.org

or

Linda J. at 240-778-8502

What a wonderful way to be of service!

https://westcentralaa.org/contributions/

treasurer@westcentralaa.org

Carrying the Message with Literature

If you are taking a meeting into a correctional or treatment facility and would like to share AA literature with newcomers, please let us know. We have plenty of resources available to help carry the message of recovery.

Available literature includes:

- **Plain Language Big Books**
- **Regular Big Books**
- **Living Sober**
- **Came to Believe**
- **Daily Reflections**
- ***And more…***

As members, we have an obligation and privilege to carry the message to the alcoholic who still suffers. One simple but powerful way to do this is by putting AA literature directly into the hands of newcomers.

Let's make sure those walking through the doors of correctional and treatment facilities know they are not alone, and that recovery is possible.

For literature requests, please contact: corrections.treatment@westcentralaa.org or text 240-529-2995

Join us Monday night, April 6, if you would like to see what workshops/activities have been planned for or if you're looking for service opportunities!

West Central Intergroup is inviting you to a scheduled Zoom meeting.

Topic: Activities Meeting

Time: April 6, 06:00 PM Eastern Time (US and Canada)

Every month on the First Mon, 36 occurrence(s)

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: https://us06web.zoom.us/.../tZYqf.../ics...

Join Zoom Meeting

https://us06web.zoom.us/j/82784017131...

Meeting ID: 827 8401 7131

Passcode: 649023

One tap mobile

+13017158592,,82784017131#,,,,*649023# US (Washington DC)

+19292056099,,82784017131#,,,,*64902

Tell your AA Friends/Sponsees to Subscribe to Chatter – Here is the Link to Subscribe to Chatter On the New and Improved WCI Website! Also, we have heard from several people indicating that the Chatter email has not been received. If you hear of this happening, please have them check their Spam/Junk folder.

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Anybody interested in speaking or fulfilling a monthly commitment:
Needed to fill: An AA commitment at Marcie's Choice. 3rd Sunday of the month at 1:00 pm
Also, At the Mountain Manor New Horizon Men's program, the 4th Saturday of the month at 1:00 pm in addition to the 4th Sunday of the month at 1:00 pm
Please Call Kye at 240-357-4256.

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Interested in speaking at Mountain Manor's IOP in Frederick? First and third Monday of the month. Morning group is 9am and evening group is 6pm. They're looking for men and women. Please contact:
Corrections.treatment@westcentralaa.org

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The West Central Intergroup Office

The Federated Charities Bldg. 22 S. Market St., Suite 7 Frederick MD, 21701

Email: office@westcentralaa.org

West Central Intergroup Office Hours Link

Meeting Information and Changes

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The Four Horsemen

New Zoom ID/Password

Tuesday 11:45 AM

Meeting ID: 854 2563 8660 Passcode: 086319

Zoom Link

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New Meeting Starting 3-5-2026

Living The Dream

Thursday 7:30 PM – 8:30 PM

Evangelical Reformed United Church of Christ

(ERUCC)

15 W Church St, Frederick, MD 21701

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Meeting Update: Sisters in Sobriety

Thursday 7:00 PM – 8:00 PM EST

Frederick Presbyterian Church

115 W 2nd St, Frederick

Basement entrance, rear right side of church sidewalk/alley

This meeting is now In-Person Only, no longer on Zoom.

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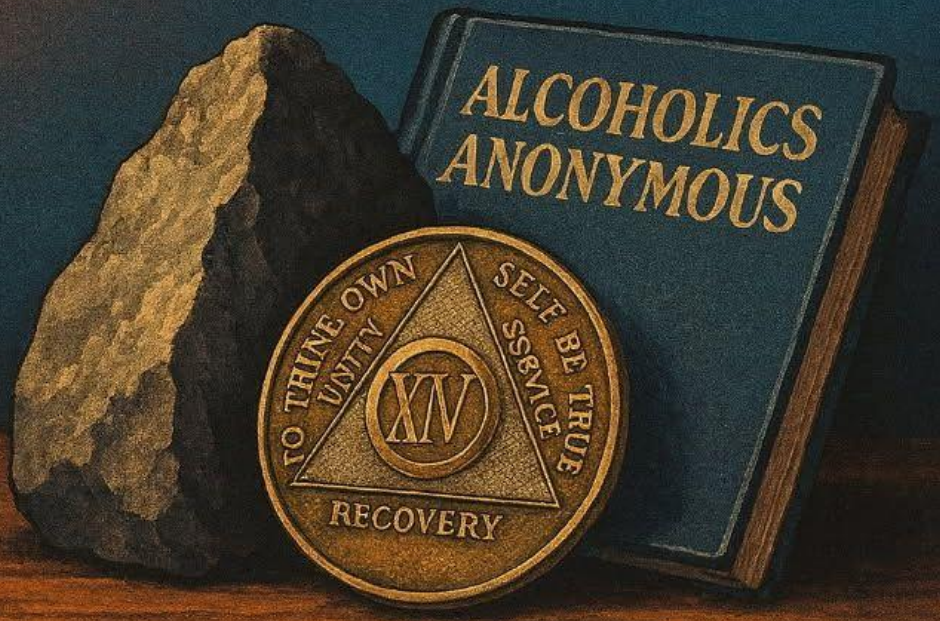
DROP THE ROCK

PRINCIPAL MEETING



EVERY WEDNESDAY

AT 6:00PM

OPEN MEETING OF ALCOHOLICS ANONYMOUS

ORENDA WELLNESS CENTER

7540A N. MARKET ST.. FREDERICK, MD

Alcoholics Anonymous
Deaf Access Outreach
Maryland Deaf Access Committee (MDAC)

MDAC would like to let the Deaf community in Western Maryland know that we are available to help coordinate ASL interpretation for AA meetings.

If you think you may have a problem with alcohol and are interested in attending an Alcoholics Anonymous (AA) meeting, please reach out to the Maryland Deaf Access Committee (MDAC)

mdacAA.org

Maryland Deaf Access Committee Website https://www.mdacaa.org/

Or attend our monthly business meeting - 2nd Sunday of the Month at 4:30 p.m. EST
Meeting ID: 86723924758
Passcode: 514472

Contact: MarylandDeafAccess@gmail.com

AGAPE-TOWSON
HYBRID

MEETS WEEKLY
WITH ASL INTERPRETATION

TUESDAYS
7:00 PM – 8:00 PM EDT

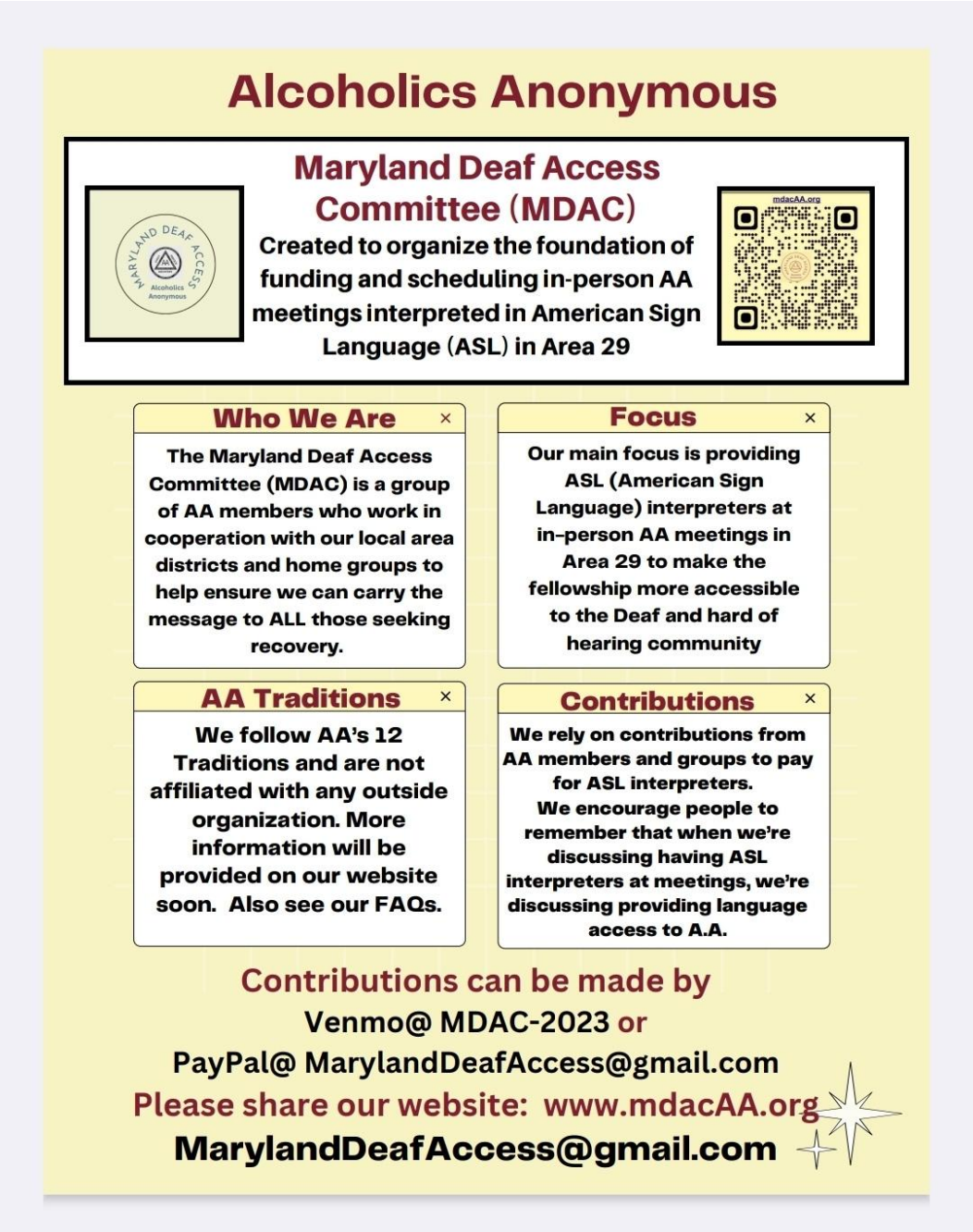
effective September 2025
ASL Interpretation every Tuesday
with inperson interpreter only
on 1st & 3rd Tuesday

Sheppard Pratt Hospital, Gibson Bldg.
1 Friends Ln, 3rd Floor, Towson, MD 21204

Zoom Meeting ID:
120 784 691

MarylandDeafAccess
@gmail.com

WWW.MDACAA.ORG



New Zealand Marathon Zoom Meeting - Easten time +16 hours https://us02web.zoom.us/j/2923712604 Meeting ID 2923712604 This 24x7 meeting is still going strong! (as of 03-15-2026)

UPCOMING EVENTS

AREA 29
MINI-CONFERENCE 2026

Conference Agenda Review

YOU ARE INVITED!

The **Area 29 Mini-Conference** provides a forum where any AA member in the Area may review and share **experience, opinion, and perspective** on selected agenda items that will be considered at the **meeting of the General Service Conference in May.** This process helps ensure that the group conscience of Area 29 is heard and carried by the Area Delegate to the Conference.

Area 29
Maryland General Service, Inc.
Marylandaa.org

Saturday, April 11, 2026

9:00 AM – 2:00 PM

Fellowship:

- Virtual opens 7:45 AM
- In-person opens 8:30 AM

Hybrid Meeting

In Person:
Severna Park United Methodist Church
731 Benfield Rd,
Severna Park, MD 21146

Zoom.us ID: 899 9024 0795
Passcode: 519577

www.marylandaa.org

Main HDR Website
happydestinyretreat.org

$115 Registration Fee Includes:

- Great Meals & Snacks
- Heated Cabins
- Al-Anon Participation
- Open AA Meetings
- Sober Fellowship
- Activities & Workshops

Register and pay online ($3.00 Service Fee) or use mail-in form.
Space is Limited! One person per form please.

Name _____

Address _____

_____

Phone _____

Email _____

T-shirt size: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL
style: ☐ Men ☐ Women

Ride Sharing: ☐ I can offer a ride or ☐ I need a ride

Anonymous scholarship contribution so others may attend
☐ $10 ☐ $20 ☐ $30 ☐ $40 ☐ $50 ☐ $ other _____

Dietary Preferences* (please check all that apply)
☐ Gluten-Free ☐ Vegetarian ☐ Vegan ☐ other _____

*While we strive to accommodate a variety of food preferences, if you have allergies, or a specialized diet, you are welcome to bring your own food and store it in the kitchen. Please contact us if you have any questions.

Register through the website (QR code above), then scan to pay.
► Make *sure* to use the same email address so we can match the payment to the registration!

$118.00 PayPal

@M-Krieg-93 4228 venmo

Payment in full preferred
OR deposit of **$50** by **May 1st**
and **balance due** by **May 28**.

Mail Registration & Payment to:
Happy Destiny Retreat
c/o Mike Krieg
13014 Turkey Branch Pkwy
Rockville, MD 20853

For more info visit:
www.happydestinyretreat.org
email: **happydestinyretreat@gmail.com**
or call 240.813.9411

Full & Partial Scholarships Available!
If you need a scholarship, select:
☐ Full ☐ Partial $_____

No Pets Allowed at the Camp
Only Registered Participants May Attend

GSR ORIENTATION

Area 29 • Maryland General Service

FIRST MONDAY OF EVERY MONTH

7:30 PM – 8:30 PM (ET)

ZOOM ID- 892 1762 3074

PASSCODE- GSR

You Are Invited

New to General Service? Want to learn more or get a refresher?
All new **General Service Representatives (GSRs)** in Area 29 — and **any member of Alcoholics Anonymous** — are welcome to attend this monthly orientation session.

What Does a GSR Do?

A **General Service Representative (GSR)** is the link between an A.A. group and A.A. as a whole. GSRs represent their home group, carry the group conscience into the service structure, and share information from the district, Area 29, and the General Service Office.

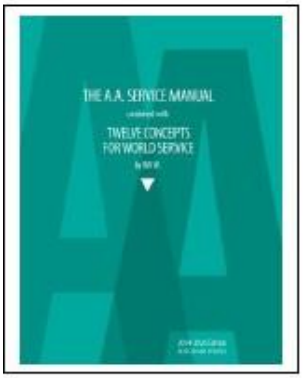
Serving as a GSR is one of the clearest ways to participate in A.A.'s **Unity and Service**.

Hosted by Area 29 • Panel 76
Questions? **altdelegate@marylandaa.org**

Spring 2026 CONTRA Study

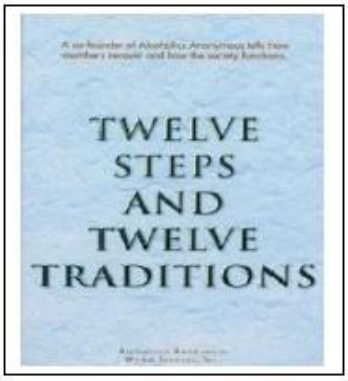
March 5, 2026 through June 11, 2026
Thursdays from 9:00 PM to 10:00 PM Eastern Time (US/Canada)

Moderated by Trusted Servants from
the Northeast Region of Alcoholics Anonymous



Zoom Meeting ID: 847 4641 4040
Passcode: 330331
Dial-in number for phone callers: +1 (301) 715-8592

We invite all A.A. members to this virtual study of the
CON*cepts,* ***TRA****ditions* & *The A.A. Service Manual.*
No Registration Fees!



Mar 5, 2026 – Registration & Orientation
Mar 12, 2026 – Traditions 1, 2 & 3
Mar 19, 2026 – Traditions 4, 5 & 6
Mar 26, 2026 – Traditions 7, 8 & 9
Apr 2, 2026 – Traditions 10, 11 & 12
Apr 9, 2026 – Service Manual, pp. I-VIII, 1-6, 89-108
Apr 16, 2026 – Svc Man Ch 1 2 3 & pp 109-18,166-69
Apr 23, 2026 – Svc Man, Chapters 4 5 6 & pp 171-7
Apr 30, 2065 – Svc Man, Chapts 7 8 9 & pp 176-180
May 7, 2026 – Svc Man Ch 10 11 12 & pp 161-5, 170
May 14, 2026 – Service Manual, pp. 119-159
May 21, 2026 – Concepts pp I-VII, C1-C2, Con 1, 2, 3
May 28, 2026 – Concepts 4, 5 & 6
Jun 4, 2026 – Concepts 7, 8 & 9
Jun 11, 2026 – Concepts 10,11 & 12

CONTRA Study Materials
(provided via email following registration):

Twelve Steps and Twelve Traditions, B-2 (free participant download at www.aa.org)
The A.A. Service Manual combined with The Twelve Concepts for World Service, BM-31, 2024-2026 edition
AA Grapevine Traditions Checklist, July 2018 revision
Spring 2026 Contra Study Service Manual Questions
A.A.W.S. Concepts Checklist, SMF-91, 08/18 edition

We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Presented by Trusted Servants from
the Northeast Region
For more information, contact:
2026contrastudy@gmail.com

Mountain Breakfast

The second Saturday of each month
Fellowship at 9 am, Breakfast at 10 am, Speaker at 11am

A mountain breakfast prepared on site by AAs for AAs and friends of AA.
We start at 7am (you can come then if you are going to help) to cook like fools and
serve a Hot Breakfast with fellowship and a warm setting of love and service to all.
Only a $10.00 donation gets you in.
Coffee, Juice, Eggs, Pancakes, Home Fries, Biscuits, Sausage Gravy, Fruit, Sausage, Bacon, French Toast and a beautiful drive to get here.
BRING SOMEONE WITH YOU!

Old Germantown Church of God
16924 Raven Rock Road
Cascade, Maryland 21719

MARYLAND GENERAL SERVICE, INC

SAVE THE DATE

The Arch to Freedom

52nd Maryland State Convention

June 19-21, 2026

Sheraton Baltimore North Hotel, Towson, Maryland

Register at:

www.marylandaa.org

Early Bird Registration January 30 - May 18: $40 online, $38 mail in

Regular Registration May 19 - June 12: $47 online, $45 mail in

Join us for:

Speakers
Workshops
Alcathons
Old Timers Panel
Meditation
Delegate Report

AA Play
History Presentations
AA & Al Anon Literature
Speaker recordings for sale
Banquet Dinner
Ice Cream Social

Hospitality Suite
DJ Dance
Game Room
Song Circle
Coffee

The Arch to Freedom

52nd Maryland State Convention

June 19-21, 2026

Hosted by Maryland General Service, Inc
with Al-Anon and Alateen Participation

Sheraton Baltimore North Hotel
903 Dulaney Valley Road Towson, Maryland 21204

MGS Room Rate:
$129 per night plus tax
King or two Double Beds

More Doubles available as holds are released

Book rooms at the MGS Group Rate!

You may cancel your reservation for no charge 2 days before arrival, June 16, 2026

https://bit.ly/MDStateConvention
Free Parking Garage Validation for all Convention Registrants

Full schedule available on our Mobile App

FRIDAY

7 AM	Registration Opens | Hospitality Suite Opens | Committee Displays | Coffee | Alcathon Meetings (7am - Midnight)
8:30 AM	AA Speaker (Steps 1 - 3): Gina T., Penndel, PA
10 AM - 5 PM	AA, Al-Anon & Spanish Workshops
10 AM & 2:30 PM	Joe & Charlie Steps 1 - 3 & Steps 4-9 Workshops
11:30 AM	Delegate's Report
12:30 - 2:30 PM	Lunch Buffet
4 PM	AA Speaker (Steps 4 & 5): Lance B, Parkville, MD
5:45 - 7:45 PM	Plated Dinner
7:30 PM	AA Play "The Coffee Pot Zone"
8:45 PM	AA Speaker (Steps 6 & 7): Linda K-K., Piscataway, NJ
10:15 PM	Ice Cream Social or AA History Workshop
11:59 PM	Alcathons End & Hospitality Suite Closes

SATURDAY

7 AM	Registration | Hospitality Suite | Committee Displays | Coffee | Alcathon Meetings (7am - Midnight)
8:30 AM	Joe & Charlie Steps 10 - 12 Workshop
10 AM	Al-Anon Speaker: Michele G., Charleston, WV
10 - 5:45 PM	Workshops
11:30 AM	Delegate's Report
11:30 - 1:30 PM	Lunch Buffet
3 PM	Old Timers Panel
6:15 PM	Banquet Seating Opens
7:30 PM	Doors Open for Non-Banquet Seating
7:45 PM	MGS Introductions & Gratitude
8:00 PM	Sobriety Countdown
8:30 PM	AA Speaker (Steps 8 & 9): Jim W., Charleston, WV
10:00 PM	DJ Dance | Ice Cream Social | Joyful Noise Song Circle | Game Room
11:59 PM	Good Night!

SUNDAY

7:00 AM	Rise & Shine! Coffee | Hospitality | Alcathons (until 9AM)
8:30 AM	Workshops
10:00 AM	AA Speaker (Steps 10 - 12): Robert H., Lexington, SC
11:15 AM	Committee Farewells
11:59 AM	Convention Ends

Coffee & Beverage Service ($10 per person for entire weekend): Daily 7:00–10:00 AM, 2:30–5:30 PM & 8:00–11:00 PM. Also included with meal purchases.

[Link]

REGISTER
FOR THE
2026 VAC CONVENTION
DoubleTree by Hilton Hotel
Richmond - Midlothian
1021 Koger Center Blvd,
Richmond, VA 23235
Friday, August 14 through
Sunday, August 16, 2026
Hosted by VAC District 29 and
surrounding Richmond Districts
Registration &
Scholarships
$20 until 12/31, $25 1/1-8/13
$35 registration at the door
Rooms $135 a night until 7/15/26
Hotel
Booking
2026VACconvention@gmail.com

IMPORTANT NOTICE!

DUE TO ISSUES WITH THE

OCEAN CITY CONVENTION CENTER

THE DATE FOR THE

SIXTY-NINTH ANNUAL

Sessions by the Sea

OCEAN CITY, MARYLAND

HAS BEEN CHANGED TO

AUGUST 18-AUGUST 23, 2026

PLEASE PASS THE WORD!

OCEAN CITY IS BUSIER IN AUGUST.

MAKE YOUR ACCOMODATIONS EARLY.

https://www.sessionsbythesea.com/

OTHER NEWS

Sponsors, why not invite your sponsees to subscribe to Chatter?! http://westcentralaa.org/chatter-subscribe/

Looking for a Meeting?

The Alcoholics Anonymous Meeting Guide App Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format. **Link:**

Alcoholics Anonymous : Meeting Guide (aa.org)

If you have an Event/Announcement/Anniversary/Recent Meeting Change you'd like to appear in a future issue of Chatter, please send details to wcichatter1@gmail.com. Our Website is located at http://westcentralaa.org/. To unsubscribe from Chatter, please go to the website and click on the Chatter Tab at the top. Our List of Meetings (Including In-Person, Online, or Hybrid) is also posted on the website, click on "Meetings" at the top of the page. There is also a Printable Version of the meetings on the website. To Add, Remove or Change a Meeting, on the website, go to the "Meetings" Tab and choose "Meeting Change". Also, please direct your AA friends to the website to subscribe to Chatter if they are so inclined. Scan the QR Code below to visit the WCI Website.