WCI Chatter

Sunday, June 07, 2026

ANNOUNCEMENTS

AA WORKSHOP
ON STEPS 1, 2, AND 3

A FOUNDATIONAL JOURNEY TOWARD RECOVERY

Join us for an in-depth exploration of the first three steps of Alcoholics Anonymous. Whether you are new to AA or looking to deepen your understanding, all are welcome.

1 STEP ONE
We admitted we were powerless over alcohol—that our lives had become unmanageable.

2 STEP TWO
Came to believe that a Power greater than ourselves could restore us to sanity.

3 STEP THREE
Made a decision to turn our will and our lives over to the care of God as we understood Him.

TRINITY UNITED METHODIST CHURCH
703 W Patrick Street
Frederick, MD 21701

DATE
July 11th

FELLOWSHIP
6:00 PM

WORKSHOP
7:00 PM

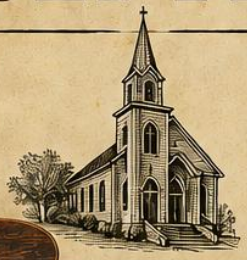
WORKSHOPS@WESTCENTRALAA.ORG

PIZZA, CHIPS AND DRINKS WILL BE PROVIDED
Bring a side or dessert to share!

YOU ARE INVITED TO AN

OLD TIMERS *Meeting* WORKSHOP

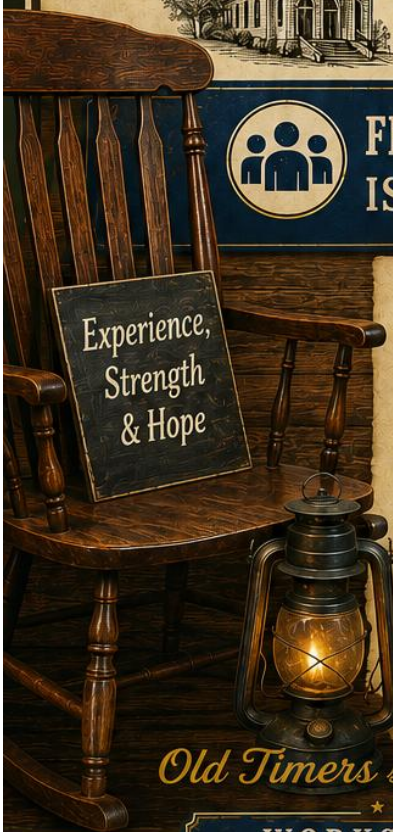
★ SATURDAY ★
SEPTEMBER 19, 2026



TRINITY UMC
703 W. Patrick Street
Frederick, MD 21701

FELLOWSHIP IS AT 6:00

SOBRIETY COUNT DOWNS STARTS AT 6:45



20 OF THE PEOPLE WITH THE MOST SOBRIETY TIME WILL BE ON THE PANEL *and will answer* **PRE-THOUGHT OF QUESTIONS.**

FRIED CHICKEN *and* **DRINKS WILL BE PROVIDED!**

Please bring a side to share
★ **POTLUCK STYLE!** ★

UNITY · SERVICE · AA · RECOVERY

"We do not regret the past, nor wish to shut the door on it."
– ALCOHOLICS ANONYMOUS PAGE 83

Old Timers share the path – We carry the message

★★ EVERYONE WELCOME! ★★

WORKSHOPS@WESTCENTRALAA.ORG

Introducing:

WEST CENTRAL INTERGROUP!

- WCI Website: www.westcentralaa.org
- Free Where & When's • Workshops
- 12th Step Calls • Archives • Chatter
- Activities • Newsletter • Outreach
- Public Information • Literature
- Corrections & Treatment
- *and so much more!*

YOU AND YOUR GROUP CAN HELP MAKE A DIFFERENCE!

CONTRIBUTIONS CAN BE MAILED, BROUGHT TO THE INTERGROUP COUNCIL MEETINGS OR ON-LINE: HTTPS://WESTCENTRALAA.ORG/CONTRIBUTIONS/

West Central Intergroup

Groups or Individuals can contribute either one time or set up a recurring contribution. Questions? email treasurer@westcentralaa.org,

https://westcentralaa.org/contributions/

treasurer@westcentralaa.org

Carrying the Message with Literature

If you are taking a meeting into a correctional or treatment facility and would like to share AA literature with newcomers, please let us know. We have plenty of resources available to help carry the message of recovery.

Available literature includes:

- **Plain Language Big Books**
- **Regular Big Books**
- **Living Sober**
- **Came to Believe**
- **Daily Reflections**
- ***And more…***

As members, we have an obligation and privilege to carry the message to the alcoholic who still suffers. One simple but powerful way to do this is by putting AA literature directly into the hands of newcomers.

Let's make sure those walking through the doors of correctional and treatment facilities know they are not alone, and that recovery is possible.

For literature requests, please contact: corrections.treatment@westcentralaa.org or text 240-529-2995

Join us on Monday night, July 06, if you would like to see what workshops/activities have been planned for or if you're looking for service opportunities!

West Central Intergroup is inviting you to a scheduled Zoom meeting.

Topic: Activities Meeting

Time: July 06, 06:00 PM Eastern Time (US and Canada)

Every month on the First Mon, 36 occurrence(s)

Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: https://us06web.zoom.us/.../tZYqf.../ics...

Join Zoom Meeting

https://us06web.zoom.us/j/82784017131...

Meeting ID: 827 8401 7131

Passcode: 649023

One tap mobile

+13017158592,,82784017131#,,,,*649023# US (Washington DC)

+19292056099,,82784017131#,,,,*64902

Want to Suggest to your AA Friends/Sponsees to Subscribe to Chatter? – Here is the Link to Subscribe to Chatter On the New and Improved WCI Website! Also, we have heard from several people indicating that the Chatter email has not been received. If you hear of this happening, please have them check their Spam/Junk folder.

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Anybody interested in speaking or fulfilling a monthly commitment:
Needed to fill: An AA commitment at Marcie's Choice. 3rd Sunday of the month at 1:00 pm
Also, At the Mountain Manor New Horizon Men's program, the 4th Saturday of the month at 1:00 pm in addition to the 4th Sunday of the month at 1:00 pm
Please Call Kye at 240-357-4256.

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Interested in speaking at Mountain Manor's IOP in Frederick? First and third Monday of the month. Morning group is 9am and evening group is 6pm. They're looking for men and women. Please contact:
Corrections.treatment@westcentralaa.org

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The West Central Intergroup Office

The Federated Charities Bldg. 22 S. Market St., Suite 7 Frederick MD, 21701

Email: office@westcentralaa.org

West Central Intergroup Office Hours Link

Meeting Information and Changes

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Double Dippers

Thursday 6:00 PM

Grace Episcopal Church

114 E A St, Brunswick, MD 21716

Double Dippers is a literature meeting where we read and discuss AA-approved literature. We are currently reading and discussing Living Sober. *To access the meeting, please use the side door on 2nd Ave.

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Emotional Sobriety (Formerly Noon Big Book Meeting)

Wednesday 12:00 PM

Calvary United Methodist Church

403 S Main St, Mt Airy, MD 21771

Rear entrance of church. Handicapped accessible.

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The Following meetings are no longer active, effective immediately:

Beginners Group at Crossroads, 10AM, 1890 N. Market St., Suite 301.

And

FILLING THE WHOLE BY FILLING THE SOUL, Monday 10-11PM at the Club

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Alcoholics Anonymous
Deaf Access Outreach
Maryland Deaf Access Committee (MDAC)

MDAC would like to let the Deaf community in Western Maryland know that we are available to help coordinate ASL interpretation for AA meetings.

If you think you may have a problem with alcohol and are interested in attending an Alcoholics Anonymous (AA) meeting, please reach out to the Maryland Deaf Access Committee (MDAC)

mdacAA.org

Maryland Deaf Access Committee Website https://www.mdacaa.org/

Or attend our monthly business meeting - 2nd Sunday of the Month at 4:30 p.m. EST
Meeting ID: 86723924758
Passcode: 514472

Contact: MarylandDeafAccess@gmail.com

BY DEAF AA MEMBERS FROM THE
MARYLAND DEAF ACCESS COMMITTEE

AN IN-PERSON AA GROUP

"DEAF MARYLAND AA"

AA MEETING FOR DEAF MEMBERS

✳ NO INTERPRETATION ✳

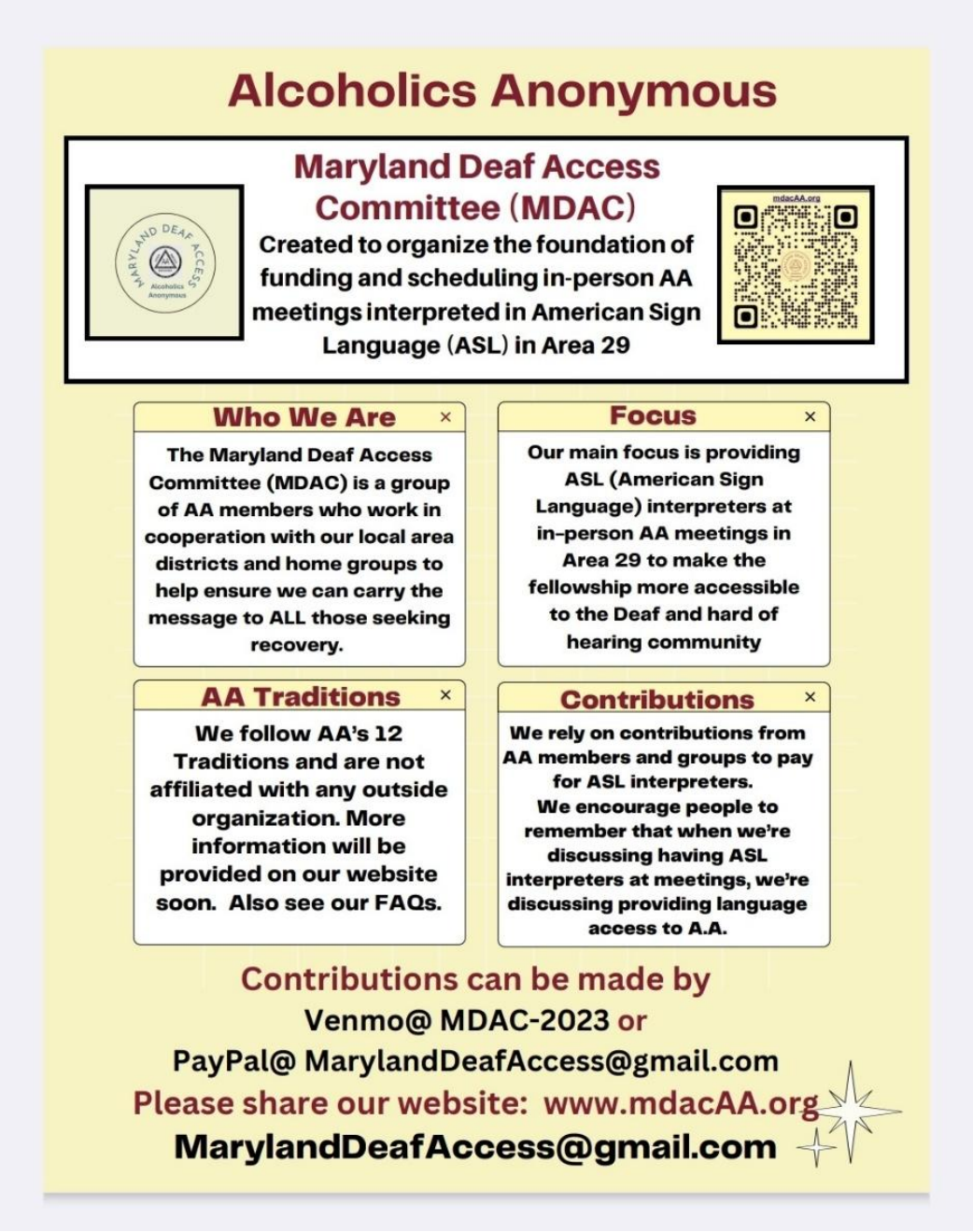
MONDAYS

7:00 PM TO 8:00 PM

THE 857 CLUB

100 S. HAVEN ST, BALTIMORE, MD 21224

MARYLANDDEAFACCESS@GMAIL.COM



New Zealand Marathon Zoom Meeting - Easten time +16 hours https://us02web.zoom.us/j/2923712604 Meeting ID 2923712604 This 24x7 meeting is still going strong! (as of 06-07-2026

UPCOMING EVENTS

Registration is online only. Registration Badges must be picked up at the Convention Center and the name badge must be worn **visibly** to attend any event at the Convention Center. There will be **no other Registrations or Name badges** available at Sessions.

GO TO https://www.sessionsbythesea.com/ FOR REGISTRATION AND INFORMATION

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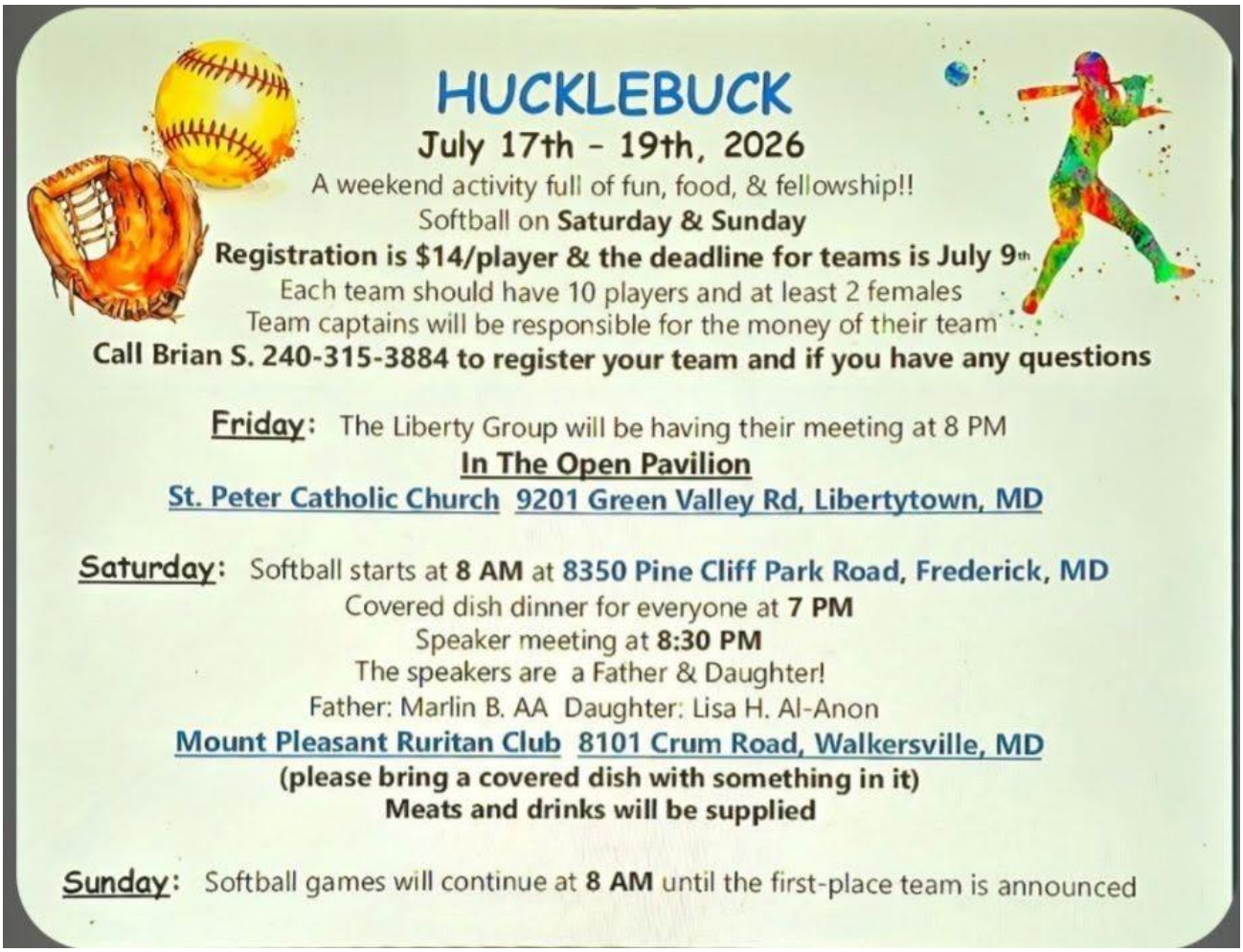
https://www.sessionsbythesea.com/

Registration is Now Open!



WELCOME EVERYONE TO 2026 HUCKLEBUCK!

There are a couple changes this year, so please read. The BIGGEST CHANGE is there is NO BIGGS FORD RD this YEAR!!

PLEASE remember there is something for EVERYONE, even if you don't play ball. There is SATURDAY EVENING at MT. PLEASANT RURITAN CLUB! Dinner COVER DISH and SPEAKERS MEETING! Its going be awesome FATHER, DAUGHTER, AA and AL-ANON this year!!! Good food and fellowship, fun!!!! LOOK FORWARD TO SEEING EVERYONE!

Dipsomaniacs in the Mountains

invite you to join in a walk at Rocky Gap State Park

When: 3 p.m., Sunday, April 12, and every second Sunday through September

Where: Meet at Prosperity United Methodist Church, Flintstone. Parking lot.

The Distance: We still walk 2 miles total – 1 mile to the beach, camp store, bathrooms, and benches for a break, and 1 mile back to the church parking lot.

Other Info: We will return by 4:30 p.m. to set up and greet before the 5 p.m. meeting. If you want to continue walking feel free! Please wear comfortable clothes and good shoes. Walking stick or hiking poles may be helpful. Bring water to drink and a snack to share.

Let's get outside, enjoy nature and fellowship!

Sunlight of the Spirit

2026

August 7-9

Wyndham Garden York
2000 Loucks Road
York, PA, 17408

EVENT SCHEDULE:

FRIDAY:

8pm: Victor V ▪ Springdale, AR

SATURDAY:

8:30am: Open Meeting
10am: Terra W. ▪ Camp Hill, PA
11:30am: Roundtable Forum
12:30-2pm: Lunch Break on your own
2pm: Lori G ▪ Oklahoma City, OK (Al-Anon)
4pm: Jan M ▪ Columbus, OH
5-7:30pm: Dinner Break on your own
7:45pm: Sobriety Countdown
8pm: Cliff G ▪ Oklahoma City, OK
9:30 pm: Ice Cream Social

SUNDAY:

9:30am: Gary M ▪ Columbus, OH

For More Info and Registration

Scan With Your Camera

See what else is planned at **SunlightYork.org**

GSR ORIENTATION

Area 29 • Maryland General Service

FIRST MONDAY OF EVERY MONTH

7:30 PM – 8:30 PM (ET)

ZOOM ID- 892 1762 3074

PASSCODE- GSR

You Are Invited

New to General Service? Want to learn more or get a refresher?
All new **General Service Representatives (GSRs)** in Area 29 — and **any member of Alcoholics Anonymous** — are welcome to attend this monthly orientation session.

What Does a GSR Do?

A **General Service Representative (GSR)** is the link between an A.A. group and A.A. as a whole. GSRs represent their home group, carry the group conscience into the service structure, and share information from the district, Area 29, and the General Service Office.

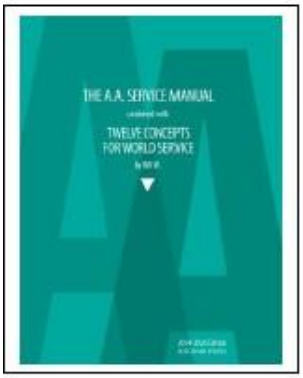
Serving as a GSR is one of the clearest ways to participate in A.A.'s **Unity and Service**.

Hosted by Area 29 • Panel 76
Questions? **altdelegate@marylandaa.org**

Spring 2026 CONTRA Study

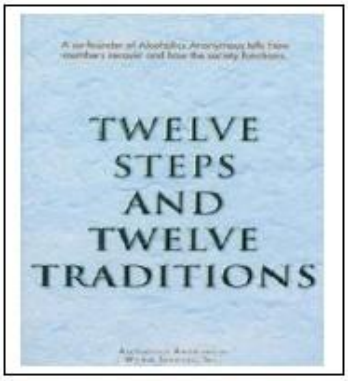
March 5, 2026 through June 11, 2026
Thursdays from 9:00 PM to 10:00 PM Eastern Time (US/Canada)

Moderated by Trusted Servants from
the Northeast Region of Alcoholics Anonymous



Zoom Meeting ID: 847 4641 4040
Passcode: 330331
Dial-in number for phone callers: +1 (301) 715-8592

We invite all A.A. members to this virtual study of the
CON*cepts,* ***TRA****ditions* & *The A.A. Service Manual.*
No Registration Fees!



Mar 5, 2026 – Registration & Orientation
Mar 12, 2026 – Traditions 1, 2 & 3
Mar 19, 2026 – Traditions 4, 5 & 6
Mar 26, 2026 – Traditions 7, 8 & 9
Apr 2, 2026 – Traditions 10, 11 & 12
Apr 9, 2026 – Service Manual, pp. I-VIII, 1-6, 89-108
Apr 16, 2026 – Svc Man Ch 1 2 3 & pp 109-18,166-69
Apr 23, 2026 – Svc Man, Chapters 4 5 6 & pp 171-7
Apr 30, 2065 – Svc Man, Chapts 7 8 9 & pp 176-180
May 7, 2026 – Svc Man Ch 10 11 12 & pp 161-5, 170
May 14, 2026 – Service Manual, pp. 119-159
May 21, 2026 – Concepts pp I-VII, C1-C2, Con 1, 2, 3
May 28, 2026 – Concepts 4, 5 & 6
Jun 4, 2026 – Concepts 7, 8 & 9
Jun 11, 2026 – Concepts 10,11 & 12

CONTRA Study Materials
(provided via email following registration):

Twelve Steps and Twelve Traditions, B-2 (free participant download at www.aa.org)
The A.A. Service Manual combined with The Twelve Concepts for World Service, BM-31, 2024-2026 edition
AA Grapevine Traditions Checklist, July 2018 revision
Spring 2026 Contra Study Service Manual Questions
A.A.W.S. Concepts Checklist, SMF-91, 08/18 edition

We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Presented by Trusted Servants from
the Northeast Region
For more information, contact:
2026contrastudy@gmail.com

Mountain Breakfast

The second Saturday of each month
Fellowship at 9 am, Breakfast at 10 am, Speaker at 11am

A mountain breakfast prepared on site by AAs for AAs and friends of AA.
We start at 7am (you can come then if you are going to help) to cook like fools and
serve a Hot Breakfast with fellowship and a warm setting of love and service to all.
Only a $10.00 donation gets you in.
Coffee, Juice, Eggs, Pancakes, Home Fries, Biscuits, Sausage Gravy, Fruit, Sausage, Bacon, French Toast and a beautiful drive to get here.
BRING SOMEONE WITH YOU!

Old Germantown Church of God
16924 Raven Rock Road
Cascade, Maryland 21719

MARYLAND GENERAL SERVICE, INC

SAVE THE DATE

The Arch to Freedom

52nd Maryland State Convention

June 19-21, 2026

Sheraton Baltimore North Hotel, Towson, Maryland

Register at:

www.marylandaa.org

Early Bird Registration January 30 - May 18: $40 online, $38 mail in

Regular Registration May 19 - June 12: $47 online, $45 mail in

Join us for:

Speakers
Workshops
Alcathons
Old Timers Panel
Meditation
Delegate Report

AA Play
History Presentations
AA & Al Anon Literature
Speaker recordings for sale
Banquet Dinner
Ice Cream Social

Hospitality Suite
DJ Dance
Game Room
Song Circle
Coffee

The Arch to Freedom

52nd Maryland State Convention

June 19-21, 2026

Hosted by Maryland General Service, Inc
with Al-Anon and Alateen Participation

Sheraton Baltimore North Hotel
903 Dulaney Valley Road Towson, Maryland 21204

MGS Room Rate:
$129 per night plus tax
King or two Double Beds

More Doubles available as holds are released

Book rooms at the MGS Group Rate!

You may cancel your reservation for no charge 2 days before arrival, June 16, 2026

https://bit.ly/MDStateConvention
Free Parking Garage Validation for all Convention Registrants

Full schedule available on our Mobile App

FRIDAY

7 AM	Registration Opens | Hospitality Suite Opens | Committee Displays | Coffee | Alcathon Meetings (7am - Midnight)
8:30 AM	AA Speaker (Steps 1 - 3): Gina T., Penndel, PA
10 AM - 5 PM	AA, Al-Anon & Spanish Workshops
10 AM & 2:30 PM	Joe & Charlie Steps 1 - 3 & Steps 4-9 Workshops
11:30 AM	Delegate's Report
12:30 - 2:30 PM	Lunch Buffet
4 PM	AA Speaker (Steps 4 & 5): Lance B, Parkville, MD
5:45 - 7:45 PM	Plated Dinner
7:30 PM	AA Play "The Coffee Pot Zone"
8:45 PM	AA Speaker (Steps 6 & 7): Linda K-K., Piscataway, NJ
10:15 PM	Ice Cream Social or AA History Workshop
11:59 PM	Alcathons End & Hospitality Suite Closes

SATURDAY

7 AM	Registration | Hospitality Suite | Committee Displays | Coffee | Alcathon Meetings (7am - Midnight)
8:30 AM	Joe & Charlie Steps 10 - 12 Workshop
10 AM	Al-Anon Speaker: Michele G., Charleston, WV
10 - 5:45 PM	Workshops
11:30 AM	Delegate's Report
11:30 - 1:30 PM	Lunch Buffet
3 PM	Old Timers Panel
6:15 PM	Banquet Seating Opens
7:30 PM	Doors Open for Non-Banquet Seating
7:45 PM	MGS Introductions & Gratitude
8:00 PM	Sobriety Countdown
8:30 PM	AA Speaker (Steps 8 & 9): Jim W., Charleston, WV
10:00 PM	DJ Dance | Ice Cream Social | Joyful Noise Song Circle | Game Room
11:59 PM	Good Night!

SUNDAY

7:00 AM	Rise & Shine! Coffee | Hospitality | Alcathons (until 9AM)
8:30 AM	Workshops
10:00 AM	AA Speaker (Steps 10 - 12): Robert H., Lexington, SC
11:15 AM	Committee Farewells
11:59 AM	Convention Ends

Coffee & Beverage Service ($10 per person for entire weekend): Daily 7:00–10:00 AM, 2:30–5:30 PM & 8:00–11:00 PM. Also included with meal purchases.

[Link]

REGISTER
FOR THE
2026 VAC CONVENTION
DoubleTree by Hilton Hotel
Richmond - Midlothian
1021 Koger Center Blvd,
Richmond, VA 23235
Friday, August 14 through
Sunday, August 16, 2026
Hosted by VAC District 29 and
surrounding Richmond Districts
Registration &
Scholarships
$20 until 12/31, $25 1/1-8/13
$35 registration at the door
Rooms $135 a night until 7/15/26
Hotel
Booking
2026VACconvention@gmail.com

OTHER NEWS

Sponsors, why not invite your sponsees to subscribe to Chatter?! http://westcentralaa.org/chatter-subscribe/

Looking for a Meeting?

The Alcoholics Anonymous Meeting Guide App Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format. **Link:**

Alcoholics Anonymous : Meeting Guide (aa.org)

If you have an Event/Announcement/Anniversary/Recent Meeting Change you'd like to appear in a future issue of Chatter, please send details to wcichatter1@gmail.com. Our Website is located at http://westcentralaa.org/. To unsubscribe from Chatter, please go to the website and click on the Chatter Tab at the top. Our List of Meetings (Including In-Person, Online, or Hybrid) is also posted on the website, click on "Meetings" at the top of the page. There is also a Printable Version of the meetings on the website. To Add, Remove or Change a Meeting, on the website, go to the "Meetings" Tab and choose "Meeting Change". Also, please direct your AA friends to the website to subscribe to Chatter if they are so inclined. Scan the QR Code below to visit the WCI Website.