# WCI Chatter

**Sunday, July 19, 2026**

## ANNOUNCEMENTS

Join Us for the Prom You'll Remember

The WCI Activities Committee's

# ADULT PROM

DJ & Dancing | Coffee & Desserts

50/50 Raffle | Photo Booth

**Submit your promproposal to activities@westcentralaa.org to be entered to win Prom King or Queen!**

Saturday, August 29, 2026 | 6–9 p.m.

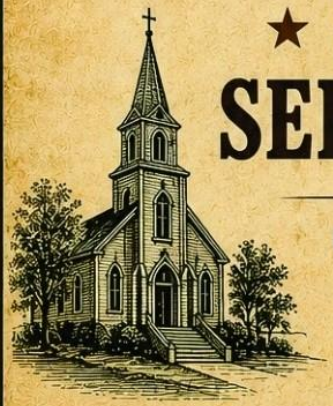
Elks Lodge - 289 Willowdale Drive

Cost: $15 - WCI Website or Intergroup Reps

YOU ARE INVITED TO AN

# OLD TIMERS *Panel* WORKSHOP

## ★ SATURDAY ★
## SEPTEMBER 19, 2026



## TRINITY UMC
703 W. Patrick Street
Frederick, MD 21701

**FELLOWSHIP IS AT 6:00**

**SOBRIETY COUNTDOWN STARTS AT 6:45**

## ★ 20 PEOPLE ★
**WITH THE MOST**
## SOBRIETY
**WILL BE ON THE PANEL**

**FRIED CHICKEN AND DRINKS WILL BE PROVIDED!**

*Please bring a side to share*
★ POTLUCK STYLE! ★

UNITY · SERVICE · AA · RECOVERY

*"We do not regret the past, nor wish to shut the door on it."*
– ALCOHOLICS ANONYMOUS PAGE 83

★ EVERYONE WELCOME! ★
WORKSHOPS@WESTCENTRALAA.ORG

Introducing:

# WEST CENTRAL INTERGROUP!

- WCI Website: www.westcentralaa.org
- Free Where & When's • Workshops
- 12th Step Calls • Archives • Chatter
- Activities • Newsletter • Outreach
- Public Information • Literature
- Corrections & Treatment
- *and so much more!*

YOU AND YOUR GROUP CAN HELP MAKE A DIFFERENCE!

CONTRIBUTIONS CAN BE MAILED, BROUGHT TO THE INTERGROUP COUNCIL MEETINGS OR ON-LINE: HTTPS://WESTCENTRALAA.ORG/CONTRIBUTIONS/

West Central Intergroup

Groups or Individuals can contribute either one time or set up a recurring contribution. Questions? email treasurer@westcentralaa.org,

**https://westcentralaa.org/contributions/**

**treasurer@westcentralaa.org**

# ***Carrying the Message with Literature***

**If you are taking a meeting into a correctional or treatment facility and would like to share AA literature with newcomers, please let us know. We have plenty of resources available to help carry the message of recovery.**

**Available literature includes:**

- **Plain Language Big Books**
- **Regular Big Books**
- **Living Sober**
- **Came to Believe**
- **Daily Reflections**
- ***And more…***

**As members, we have an obligation and privilege to carry the message to the alcoholic who still suffers. One simple but powerful way to do this is by putting AA literature directly into the hands of newcomers.**

**Let's make sure those walking through the doors of correctional and treatment facilities know they are not alone, and that recovery is possible.**

**For literature requests, please contact: corrections.treatment@westcentralaa.org or text 240-529-2995**

**Join us on Monday night, August 03, if you would like to see what workshops/activities have been planned for or if you're looking for service opportunities!**

**West Central Intergroup is inviting you to a scheduled Zoom meeting.**

**Topic: Activities Meeting**

**Time: August 03, 06:00 PM Eastern Time (US and Canada)**

**Every month on the First Mon, 36 occurrence(s)**

**Please download and import the following iCalendar (.ics) files to your calendar system.**

**Monthly: https://us06web.zoom.us/.../tZYqf.../ics...**

**Join Zoom Meeting**

**https://us06web.zoom.us/j/82784017131...**

**Meeting ID: 827 8401 7131**

**Passcode: 649023**

**---**

**One tap mobile**

**+13017158592,,82784017131#,,,,*649023# US (Washington DC)**

**+19292056099,,82784017131#,,,,*64902**

**Want to Suggest to your AA Friends/Sponsees to Subscribe to Chatter? – Here is the Link to Subscribe to Chatter On the New and Improved WCI Website! Also, we have heard from several people indicating that the Chatter email has not been received. If you hear of this happening, please have them check their Spam/Junk folder.**

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**Anybody interested in speaking or fulfilling a monthly commitment:**
**Needed to fill: An AA commitment at Marcie's Choice. 3rd Sunday of the month at 1:00 pm**
**Also, At the Mountain Manor New Horizon Men's program, the 4th Saturday of the month at 1:00 pm in addition to the 4th Sunday of the month at 1:00 pm**
**Please Call Kye at 240-357-4256.**

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**Interested in speaking at Mountain Manor's IOP in Frederick? First and third Monday of the month. Morning group is 9am and evening group is 6pm. They're looking for men and women. Please contact:**
**Corrections.treatment@westcentralaa.org**

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# The West Central Intergroup Office

**The Federated Charities Bldg. 22 S. Market St., Suite 7 Frederick MD, 21701**

**Email: office@westcentralaa.org**

## West Central Intergroup Office Hours Link

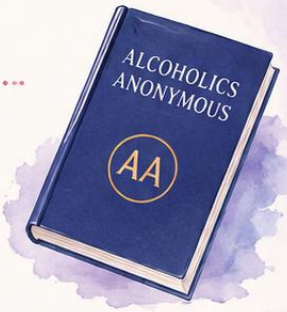
# Meeting Information and Changes

# A Way of Life

## Women's Big Book Meeting

**Tuesday Nights @ 7pm**

Ijamsville United Methodist Church
4732 Mussetter Rd
Ijamsville, MD 21754




A Way of Life is a women's meeting where we read and reflect on the first 164 pages of the **Big Book of Alcoholics Anonymous, Dr. Bob's story,** as well as all the appendices located at the back of the book.

### Highlighting Recovery

On the last Tuesday of the month, we highlight recovery by having a speaker share her experience, strength, and hope as it relates to her program of recovery.

WE DON'T HAVE TO DO THIS ALONE.
*Together, we find freedom.*

Experience
Strength
Hope ♡

♥ OPEN MINDS | ✿ OPEN HEARTS | 🦋 OPEN DOORS

**ALL WOMEN ARE WELCOME!**

No dues • No fees • Just a desire to stop drinking and find a new way of life.

THERE IS A SOLUTION.

AA WORKS.

# DOUBLE DIPPERS

## *AA Meeting*

**THURSDAYS AT 6:00 PM**

★ **OPEN MEETING** ★

Open to anyone interested in Alcoholics Anonymous.

**GRACE EPISCOPAL CHURCH**
114 E. A Street
Brunswick, MD

**PLEASE USE THE SIDE DOOR ON 2ND AVENUE**
*(LOOK FOR THE SIGNS).*

We study AA Conference-approved literature.

Currently reading:
***Staying Sober***

*You are not alone.*
*There is hope.*

One day at a time.

*All are welcome.*

UNITY • SERVICE • RECOVERY

NEW DATE AND LOCATION

# Awakening of the Spirit

11th Step Meeting

## Every Monday at 7 pm

5705 INDUSTRY LANE, FREDERICK, MD 21704

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# Crossroads Group

# Tuesday 8:30 pm

# Smaller building on right. Daily Reflections then open share, crosstalk allowed.

# St Paul's Catholic Church

# 9240 Damascus Rd, Damascus MD

**New Zealand Marathon Zoom Meeting - Easten time +16 hours https://us02web.zoom.us/j/2923712604 Meeting ID 2923712604 This 24x7 meeting is still going strong! (as of 07-19-2026)**

# UPCOMING EVENTS

## AGAPE-TOWSON
HYBRID

**MEETS WEEKLY**
**WITH ASL INTERPRETATION**

**TUESDAYS**
**7:00 PM – 8:00 PM EDT**

**effective September 2025**
**ASL Interpretation every Tuesday**
with inperson interpreter only
on 1st & 3rd Tuesday

**Sheppard Pratt Hospital, Gibson Bldg.**
**1 Friends Ln, 3rd Floor, Towson, MD 21204**

**Zoom Meeting ID:**
**120 784 691**

MarylandDeafAccess
@gmail.com

**WWW.MDACAA.ORG**

Registration is online only. Registration Badges must be picked up at the Convention Center and the name badge must be worn **visibly** to attend any event at the Convention Center. There will be **no other Registrations or Name badges** available at Sessions.

GO TO https://www.sessionsbythesea.com/ FOR REGISTRATION AND INFORMATION

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# https://www.sessionsbythesea.com/

## Registration is Now Open!

# Sunlight of the Spirit

2026

**August 7-9**

Wyndham Garden York
2000 Loucks Road
York, PA, 17408

## EVENT SCHEDULE:

**FRIDAY:**

8pm: Victor V ▪ Springdale, AR

**SATURDAY:**

8:30am: Open Meeting
10am: Terra W. ▪ Camp Hill, PA
11:30am: Roundtable Forum
12:30-2pm: Lunch Break on your own
2pm: Lori G ▪ Oklahoma City, OK (Al-Anon)
4pm: Jan M ▪ Columbus, OH
5-7:30pm: Dinner Break on your own
7:45pm: Sobriety Countdown
8pm: Cliff G ▪ Oklahoma City, OK
9:30 pm: Ice Cream Social

**SUNDAY:**

9:30am: Gary M ▪ Columbus, OH

For More Info and Registration

Scan With Your Camera

See what else is planned at ⇨ **SunlightYork.org**

# GSR ORIENTATION

**Area 29 • Maryland General Service**

**FIRST MONDAY OF EVERY MONTH**

**7:30 PM – 8:30 PM (ET)**

**ZOOM ID- 892 1762 3074**

**PASSCODE- GSR**

## You Are Invited

New to General Service? Want to learn more or get a refresher?
All new **General Service Representatives (GSRs)** in Area 29 — and **any member of Alcoholics Anonymous** — are welcome to attend this monthly orientation session.

## What Does a GSR Do?

A **General Service Representative (GSR)** is the link between an A.A. group and A.A. as a whole. GSRs represent their home group, carry the group conscience into the service structure, and share information from the district, Area 29, and the General Service Office.

Serving as a GSR is one of the clearest ways to participate in A.A.'s **Unity and Service**.

Hosted by Area 29 • Panel 76
Questions? **altdelegate@marylandaa.org**

# Mountain Breakfast

The second Saturday of each month
Fellowship at 9 am, Breakfast at 10 am, Speaker at 11am

**A mountain breakfast prepared on site by AAs for AAs and friends of AA.**
**We start at 7am (you can come then if you are going to help) to cook like fools and**
**serve a Hot Breakfast with fellowship and a warm setting of love and service to all.**
**Only a $10.00 donation gets you in.**
**Coffee, Juice, Eggs, Pancakes, Home Fries, Biscuits, Sausage Gravy, Fruit, Sausage, Bacon, French Toast and a beautiful drive to get here.**
**BRING SOMEONE WITH YOU!**

**Old Germantown Church of God**
**16924 Raven Rock Road**
**Cascade, Maryland 21719**

# REGISTER

## FOR THE

## 2026 VAC CONVENTION

**DoubleTree by Hilton Hotel**
**Richmond - Midlothian**
**1021 Koger Center Blvd,**
**Richmond, VA 23235**
**Friday, August 14 through**
**Sunday, August 16, 2026**

Hosted by VAC District 29 and surrounding Richmond Districts

**Registration & Scholarships**

$20 until 12/31, $25 1/1-8/13

$35 registration at the door

Rooms $135 a night until 7/15/26

**Hotel Booking**

2026VACconvention@gmail.com

# ◆ 28TH ANNUAL WOMEN'S WEEKEND ◆

## OCTOBER 16-18, 2026

**Camp Wabanna - 101 Likes Rd. Edgewater, MD 21037**

Women+ join a weekend of fellowship, 12-step study with speaker Yvonne S. from Los Angeles, CA, and a sense of belonging

Cost

| **Farmhouse: $185** | **Lodge: $230**<br>First come, first serve | **Scholarships Available**<br>Contact Andrea K. or Chrissy M. for info. |
|---|---|---|

Important Details

- **$50 deposit due at registration | Balances are due in full by September 13th, 2026**
- **All meals, excluding Friday, are included in the cost for the weekend (vegetarian options available)**
- **Accessibility accommodations may be made by contacting Chrissy M. or Andrea K.**
- **T-shirts are available for purchase and will be handed out at check-in**

**REGISTER HERE**

**Pay by: Venmo, Cash, or Check**

**@Samra-Camera**

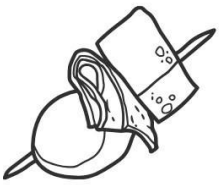
**Stephanie DG**
**607.229.0540**

**ORDER T-SHIRT**

**Chrissy M. | 240.751.2943**
**Andrea K. | 202.870.6168**

**Bree F. | 202.507.0905**

# Tapas, Traditions & Trivia



Hosted by the Women's Weekend Committee

WHEN & WHERE

**Saturday, July 25th, 2026 | 5 - 9 PM**

**St. John's Evangelical Lutheran Church**

**4629 Aspen Hill Road, Rockville, MD 20853**

SCHEDULE

**5:00 PM - Doors Open**

**5:30 - 6:30 PM - Speaker Meeting (Free)**

**7:00 - 9:00 PM - Tapas & Trivia Potluck**

TICKETS FOR TAPAS & TRIVIA

**$12 per ticket | $10 if you bring shared appetizer**

(Venmo / Cash Only)

GOOD TO KNOW

**50/50 Raffle | Drinks for sale | Free coffee**

**Trivia is general knowledge (NOT AA-related)**

**All are welcome!**

**(no childcare available)**

**SCAN QR CODE TO RSVP AND TELL US WHAT FOOD YOU ARE BRINGING!**

**Questions or want to be of service?**
**Contact Memona | 202-209-2358**

# OTHER NEWS

***Sponsors, why not invite your sponsees to subscribe to Chatter?! [http://westcentralaa.org/chatter-subscribe/](http://westcentralaa.org/chatter-subscribe/)***

## *Looking for a Meeting?*

**The Alcoholics Anonymous Meeting Guide App** Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format. **Link:**

Alcoholics Anonymous : Meeting Guide (aa.org)

**If you have an Event/Announcement/Anniversary/Recent Meeting Change you'd like to appear in a future issue of Chatter, please send details to wcichatter1@gmail.com. Our Website is located at http://westcentralaa.org/. To unsubscribe from Chatter, please go to the website and click on the Chatter Tab at the top. Our List of Meetings (Including In-Person, Online, or Hybrid) is also posted on the website, click on "Meetings" at the top of the page. There is also a Printable Version of the meetings on the website. To Add, Remove or Change a Meeting, on the website, go to the "Meetings" Tab and choose "Meeting Change". Also, please direct your AA friends to the website to subscribe to Chatter if they are so inclined. Scan the QR Code below to visit the WCI Website.**